This guidance is intended to assist Calvert County residents, business owners, workers and visitors at this moment in time. Our guiding principles are as follows:

**Marylanders should continue to practice physical distancing.**

**Marylanders should continue to wear face coverings or masks in indoor public places, and outdoors when physical distancing is not possible.**

**As vaccines become available, every eligible person should get inoculated to speed our community's return to normal.**

It is important that all of our actions in the near future are consistent with these guiding principles:

- Exercise equipment should be spaced at least 10 feet apart due to the force of exhalation during exercise.
- Guests and staff should wear face coverings at all times when inside a facility. When exercising outdoors, face masks are encouraged, but optional as long as participants are spaced at least 10 feet apart.
- An EPA registered disinfectant is available to properly clean any high contact surfaces.
- Disinfectant must be available at all times for patrons to wipe down equipment.
- Provide signage and queues for guests indicating proper social distancing and proper hand washing, including restrooms and locker rooms.
- Consider contactless check-ins.
- Encourage guests to bring their own water bottle.
- Implement symptom screening for staff prior to entering the building. These records will be maintained for 30 days.
- Staff are trained on the safe use of disinfectants and personal protective equipment.
- Racquetball courts, saunas, and other confined locations that do not allow proper social distancing should not be utilized by guests unless from the same household.
- For activities that require a partner at close distance (martial arts, ballroom dancing, etc.), guests should be paired with the same partner from class to class whenever possible. Anyone who is >60 years old or has serious, chronic medical problems should be advised to abstain unless their partner is a household member.
- Facilities should try to keep guests in the same exercise group for aerobics, dance routines, spin class, etc. whenever possible.
- Consider creating specific hours for older adults with admittance by reservation only.
- Develop a response plan for staff to follow should a staff member be exposed to COVID-19 or test positive for COVID-19.

*Requirements may change at any point contingent on health necessities or new directives from the Governor's Office.*